

# Talk to the Hand

A BYSTANDER FOCUSED APPROACH TO BULLYING BEHAVIOUR



*What happens when you come across a rumour that you know is not true? Suddenly everyone is gossiping about one of your friends and laughing behind their back? Do you think your teacher could do anything about it? Would telling your parents make a difference, or is it better to say nothing and join in...besides it will probably be over next week any way! Welcome*

*to the life of two teenage characters who experience face-less bullying and who know what it's like to 'talk to the hand'.*

It is often easier for teachers to address overt types of bullying behaviour such as direct verbal or physical abuse, but harder to address behaviour such as spreading rumours, gossiping, excluding or cyber gossiping\*. Every day, students make decisions to either partake or ignore this kind of behaviour. 'Talk to the Hand' aims to address the *hidden* styles of bullying both in and out of the supervised environment. The main message is one of shared concern and group empowerment.

This program will:

- Reveal how indirect bullying is just as harmful as direct forms of bullying
- Reinforce that social abuse is not just an individual's problem but a communal problem
- Empower the bystander to take a more active role in preventing bullying
- Strengthen the 'moral code' of your school environment

## Delivery

50 minute educational theatre presentation with 10 minutes of question time. Artists require a 4 x 6 m stage area. As part of this program your school will receive a class plan with easy-to-use teacher notes and student activities. We recommend you schedule a time to complete this lesson plan within 3 days of viewing the performance.

\$6 per student + GST (price based on minimum of 140 students)

To introduce you to this program, any school booking made of 'Talk to the Hand' in 2010 will receive a 10% discount

You may also be interested in our 'Cyber Sense' program which looks at cyber bullying and responsible uses of technology. Look on the **Get a GRIP** home page for further information.

\*Australian Covert Bullying Prevalence Study, *CHPRC, Edith Cowan University* - May 2009

## Cultural Infusion National Schools Program

helping create Global Unity through the delivery of schools programs, tours, concerts and workshops focusing on Harmony, Diversity, Inclusiveness and Health & Well-being

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